ASSESSING VULNERABILITY TO
SOCIAL SECURITY SCAMS

Research conducted by
Clifford Robb, University of Wisconsin-Madison
Stephen Wendel, Behavioral Technology

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Over the last few years, Social Security scams have become one of the most common forms of
government imposter fraud. These scams cost innocent people in the United States millions of dollars a
year and undercut the ability of the Social Security Administration to contact and interact with citizens
about their benefits.

A Simple, Interactive Process that Teaches People to Spot SSA Fraud

This report presents research on how to help individuals discriminate between digital imposter scams
and real appeals from the Social Security Administration. On a nationally representative sample of
United States residents, the authors randomly assign participants to one of four training programs:
from general tips about scams to a targeted experiential learning program inspired by inoculation
theory. Inoculation theory posits that exposing people to a weakened version of a dangerous appeal can
help them learn to identify and resist such appeals over time.

There is strong evidence that the inoculation process successfully and significantly increases fraud-
detection without decreasing trust in real communications, and that the effects persist over time.
The researchers found that the training works for both a mocked-up research environment in Qualtrics
and in a real email platform called Rainloop. The researchers also found that impact of the training
generalized to non-Social Security Administration fraud, including Amazon.com imposter scams.
However, the inoculation training is effective only for the type of communication addressed in the
training (email) and may not apply well to other areas, as such SMSes and letters, without additional
training.

A Low Cost, Straightforward Training

A low cost, targeted training can reduce the chances that recipients fall victim to Social Security scams.
In our study, subjects were presented with less than five minutes of targeted training around identifying
Social Security imposter scams. Our findings suggest that this low-cost intervention is not only effective
at improving participants’ ability to recognize fake communications but does so in a what that does not
diminish participants’ ability to recognize real communications. It should be noted that training should
be specific to the form of communications (e.g., phone, email, letter).
Implications

- This study suggests that a low-cost, four-and-a-half minute training can help individuals fight fraud messaging; such trainings (specific to fraud modality) should be examined for further refinement and potentially for broad deployment.

- The research community can use this randomized control trial approach to rigorously measure the drivers of fraud susceptibility, something that, to date, has been difficult to do with self-reported data on fraud.

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